



## Annual Report



2008 - 2009



Charity registration: 1107845  
[www.lifeplus.org.uk](http://www.lifeplus.org.uk)

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## **Bank**

HSBC 203 Wilmslow Rd Rusholme  
Manchester, M14 5BE.

**Account Name:** Life Plus  
**AC Number:** 40 00 20 97  
**SC:** 40-31-49

## **Acknowledgements**

- Salford University Student Union RAG Society
- Al-Mustafa Trust International
- VAM - Manchester

This report contains 13 pages

## **Summary**

This year we saw our income increase by just over £2000 primarily due to ATI's grant (of just under £3500). Although any increase is good but we have a long way to go if we are to carry out some of our bigger projects like the building up of the Secondary School.

However we have carried out a number of good projects which have impacted positively on the lives of those people involved such as opening of the Health Clinic.

We need to continue to increase our membership and donor base specially the regular standing orders as this will help maintain the long-term prospects of this charity.

The trustees also need to have a more active role in strengthening the charity both here in the UK and also in Bangladesh.

## **Key activities:**

### Bangladesh

- Opening of the Health Clinic
- Opening of the Village Primary School
- Inauguration of the Secondary School
- General Medical camp
- Infant Mortality Reduction program
- Environment & Employment Generation Scheme

### United Kingdom

- Longsight International Festival 2008
- Ifftar at Nawaab

## **Key activities and Projects in Bangladesh**

### **Opening of the Health Clinic**

This clinic was officially opened by his excellency Mr Enamul Hoque Musafa Shahid MP, Minister for Social Development of the Peoples Republic of Bangladesh on 13<sup>th</sup> February 2009.

Basic health services has been on offer since March 2009 with a Maternity unit staffed by qualified Mid-Wives.

It took us nearly 2 years to complete the project due to lack of funds at a total cost of over £20,000, a large portion of which was given by the Chair Mr Shafihur Rahman.

The current running cost of the clinic stand around £300 p/m or £3600 p/a. It is managed and run by a senior midwife with 2 assistants and a caretaker. It is now serving around 20-30 patients daily and is open 24\*7 /365 days a year.

## Opening Ceremony of the Health Clinic



School children getting ready to welcome the Minister



Right- Minister Mr Mustafa Shohid MP left - LP Trustee Mrs S Hussain



Dua after the Opening - Right-Left: Shafi Rahman, Habiganj Awami President Dr Mushfiq and BD Minister Mr Mustfa Shodid MP



Speech: From the Minister Mr Mustafa Shodid MP, Middle LP BD General Secretary Shuhinoor Choudhury, Right Shafi



Listening to the speeches -Journalist from Print & TV and Public



Listening to the speeches after the Opening

## Free General Medical Camp

A free medical camp was held on 18<sup>th</sup> March at the Clinic and was serviced by 3 fully qualified doctors and 4 nurses providing much needed consultation, treatment and medication to over 600 people. Many people came from far way places some even carried on big baskets as there is no ambulance services.

We aim to acquire an ambulance as soon as we can raise £10,000 for the cost, and the Camps themselves can be repeated at a cost of £400.

## Medical Camp in Action



People entering the clinic to see the doctors/nurses



Queues outside the clinic



Middle Dr Mushfiq BMA president with a patient



Doctor and patient consultation



Doctor and patient



Patient being carried on a basket

## Infant and Child Mortality Reduction Program

The Infant & Child Mortality Reduction Programme was held on 19<sup>th</sup> March, plan was to attend 80 people however demand was such that over 200 mothers, infants and children had to be seen.

The mother and child clinic is open 24 hours a day everyday and is currently servicing between 20-30 patients daily.

Services on offer: Free checkups, a special pack of food and medication containing dry milk powder, fresh fruits, high energy biscuits, vitamin, and folic acid etc. Infant/Child Mortality Reduction Programme can be repeated at a cost of £300.

## Mothers and Childrens clinic



Group of patients in the waiting room



Patients leaving the Clinic



Head Mid Wife attends a patient



Mother and her infant waiting to be seen



High energy food packs for new mothers & expecting mothers



Pre-natal check

## Opening of the Village Primary School

We have built a village primary school in just 4 weeks in the district of Habigonj, Union Snanghat in the Village Pachim Amrita at a cost of just £1350. We have also provided this school with sanitary toilet and clean drinking water pump. School started operating in January 2009 and now has over 150 registered students who would otherwise have remained illiterate.

A big thank you goes to Al-Mustafa Trust International (ATI) [www.al-mustafa.co.uk](http://www.al-mustafa.co.uk) for their financial grant towards the building of the school.

## ATI Village Primary School



The School



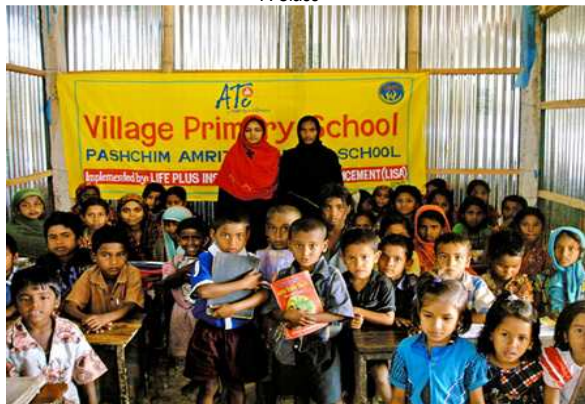
Children Assembly



A Class



Outdoor activities



Teachers and Students



Another Class

## Inauguration of the Secondary School

Two third of an acre land has been acquired for the purpose of building a secondary school, this land is situated next to a government owned 3 acre lake and a large football field which can be used for the school, we also need to acquire a further one third of an acre to ensure the required minimum size as per the government's regulation.

Work on phase one started on 20<sup>th</sup> March 2009. Since the area is in the low lands and seasonal flooding is the norm, this phase comprised of raising the earth by 7 foot from the ground for flood prevention at a cost of £1500.

The foundation stone layign ceromoney was conducted by his excellency the Minister for Social Development of the Government of Bangladesh Mr Mustafa Shohid MP on 19<sup>th</sup> March 2009.

## Foundation Stone for the Secondary School



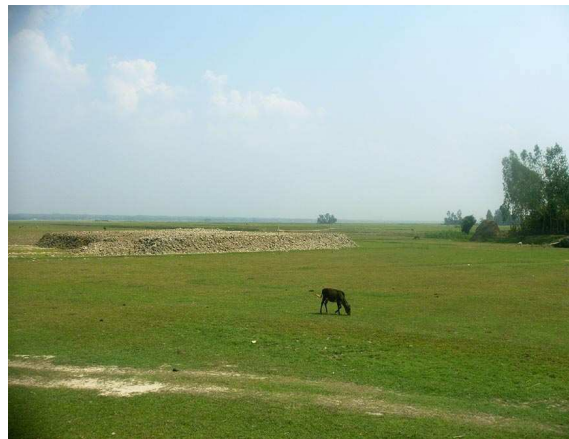
Foundation Stone for the Secondary School



Rt Hon Mr Mustafa Shohid MP Minister for Social Dev with Shafi



Earth taken from here to raise land and use this as Fish Pond



Raised land from distance

## Environment and Employment Generation

### Environmental Sustainability Programme

A small plant nursery has been set up, it has saplings for both Timber and Fruits, the fruit tree includes: Mango, Orange, Jack fruit, Papay, Coconut, Guava, Kul Boroi and Bell. The idea is to create employment and use these saplings for plantation.

Such projects can be set up from as little as £500 which creates sustainable employment and is truly environmental. Other knock on employment from this can be seen below in *Tree Protection cage*.

### Plat Nursery



New Saplings



Infant Jackfruit trees



Watering and feed the saplings



Ready to be transported

## Employment – Tree Protection cage

Tree protection cages are made from bamboo's bought from Bamboo farmers, it takes approximately 10 local people over 4-5 weeks to make about 700 cages and we planted over 700 trees during the month of March, so more we plant more employment and business we create for the local economy and no chemical/artificial mess left as legacy!

### Tree Protection cage



Tree protection cage making



Shafi with a group of cage makers



A team work



Some ready made cages on display

## **Fruit Tree Plantation**

Over 700 nursery plants have been planted during March, most of which are fruit bearing that include Mangoes, Jack fruit, Lychees, Papay, Coconut, Kul Boroï, Guava and some Beatle Nut trees.

We have donated saplings to local schools, mosques, madrashas and have planted some at the Life Plus Clinic court yard. **Cost:** to plant a fruit tree it cost a total of £1 this includes: plant & transport from the nursery, Bamboo cage and manpower for planting.



Fruit planation: Mangos



Fruit planation: Mangos, pears



Fruit planation: Boroï



Fruit planation: Jackfruit

## **Key activities and Projects the UK**

### **Longsight International Festival 2008**

We decided to do the first ever Longsight International Festival in the Longsight Library on Saturday 19<sup>th</sup> July 2008 it was an event for all and of all flavors -a family friendly event to celebrate the diversity of

Longsight and the City of Manchester. Some of the attendees included: Sir Gerald Kaufman MP, Greater Manchester Police and the Lord Mayor of Manchester.

Events and treats on offer included food and clothes stalls, shows covering the history of Longsight and Manchester, international music (Including Afro-manding), henna hand painting, Chinese Martial Arts Dance, Raffle competition as well as children's play area.

### LIF 2008



Food Stall



LIF Team and Volunteers



Volunteers and Asst High Com of Bangladesh



Police with Sir Geroald, Shafi and Zahid



Just Chilling



African Music

### Ramadan Ifftar at Nawaab

We also held a Ifftar party at the Nawaab restaurant again to promote and raise the profile of Life Plus.

# FINANCIAL STATEMENT

## Life Plus Report of Accounts

### INCOME

1<sup>st</sup> April 2008 to 1<sup>st</sup> April 2009

Total: Seven thousand seven hundred eighteen pounds & sixty pence (£7718.60)

### Break down

Details	Amount £
Opening Balance	911.98
Al-Mustfa Trust International (ATI)	3438.60
Raise and Give (RAG) Society	300.00
Private Donations: <ul style="list-style-type: none"><li>• Sufi Khandoker – £1000</li><li>• I Sattar - £600</li><li>• M Datto - £200</li><li>• Robina Cardiff - £200</li><li>• Dr Emran - £150</li></ul>	2150.00
Regular Standing Orders	1830.00
Food and Raffle - LIF 08	350.00
<b>Total</b>	<b>8980.58</b>

### TOTAL

Total Income for year 2007-2008

**£8630.58**

## EXPENDITURE

1<sup>st</sup> April 2008 to 1<sup>st</sup> April 2009

TOTAL: Eight thousand five hundred and fifty pounds (**£8550.00**)

### Break down

Details	Amount £
Nawaab Restaurant fees for Iftar Dinner	1280.00
Leaflets & Posters for LIF 2008	120.00
Entertainment/Performers for LIF 08 <ul style="list-style-type: none"><li>• Chinese Dance Group - £100</li><li>• Afromanding - £150</li></ul>	250.00
Food for LIF 08	200.00
Hand outs for poor in Dinajpur – Paniunmda union	300.00
Donation for School	300.00
Qurbani and Eid Gift	400.00
Primary School Building	1000.00
Health Clinic (Floor, ceiling, electric wiring etc)	2000.00
Stationeries	100.00
Website hosting	2600.00
Employment Projects: <ul style="list-style-type: none"><li>• Plant Nursery</li><li>• Plantation</li><li>• Plant Cage</li><li>• Sanitation</li></ul>	2600.00
<b>Total</b>	<b>£8550.00</b>

**TOTAL**

**£8550.00**

### BALANCE

Total Income - Total Expenditure/Outgoings

**£8630.58 - £8550.00 = £80.58**

**Grand Balance = £80.58**

**End of Report**