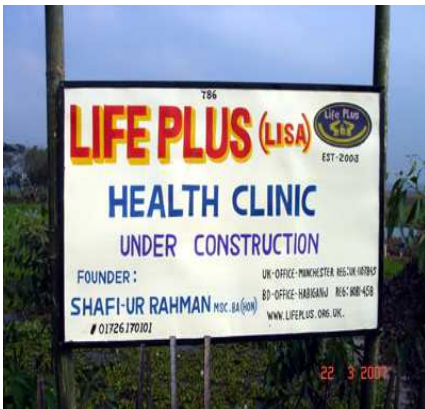


# ANNUAL REPORT 2006 – 2007

[www.lifeplus.org](http://www.lifeplus.org)



Charity registration: 1107845

## Content

Contact, Bank & Acknowledgement	p 2
Life Plus Mission	p 3
Education/Training	p 3
Youth, Family & OAP	p 3
Trips & Sports	p 4
Social Welfare – Dinner Parties	p 5
Communities Bridging Day	p 6
Health – Health Clinic Bangladesh	p 7- 8
Future, Social & Cultural Events	p 9
Financial Statement / Accounts – Income	p 10
Financial Statement / Accounts – Expenditure	p 11
Appendix 1 Break down of projects on Bangladesh	p 12
Appendix 2, 2a Break down of Award for All grant	p 13 - 14
End of Report	p 14

## **Contact**

Life Plus 9 Grinton Ave Longsight Manchester M13 0QS

Telephone: 07740107729 or 0161 224 0392

Email: [info@lifeplus.org.uk](mailto:info@lifeplus.org.uk)

Website: [www.lifeplus.org.uk](http://www.lifeplus.org.uk)

## **Bank**

HSBC 203 Wilmslow Rd Rusholme

Manchester, M14 5BE.

Account Name: Life Plus **AC Number:** 40 00 20 97 **SC:** 40-31-49

## **Acknowledgement**

Life Plus would like to thank the Awards for All grant making body for their generous grant of 5,000 which helped the charity buy vital office equipments.

## **LIFE PLUS – THE MISSION:**

The mission of Life Plus is to carry out the following OBJECTS:

- Education
- Youth, Family and OAP activities
- Social welfare and
- Health

### **Education/Training**

The advancement of education in particular but not by way of limitation in Manchester among the Bangladeshi community by provision of education and training courses, literacy and English classes and out of class support and training for students which will improve their prospect for gaining employment

#### **Homework study circles**

We would like to set up out of hour classes for the students to help them with their homework and general knowledge. Encourage adults to participate in English classes e.g. ESOL. Provide help and guidance to GCSE and A level students, help with career guidance, CV preparation etc.

#### **Advice workshop**

The relief of poverty sickness and distress in particular but not by way of limitation in Manchester among the Bangladeshi community by provision of a translation and interpretation service, health, welfare rights, education and training and employment issues

#### **Women's Network**

Create a platform for women where they can get together. Participate in activities that suits women, where they can express and share their experiences and help each other

### **Youth, Family and OAP activities**

The preservation and protection of good health in particular but not by way of limitation in Manchester among the Bangladeshi community by provision of information and advice in particular but not exclusively on such matters as drugs among the young people”

#### **OAP group**

We would like to arrange activities for the OAPs in a place where they can meet up may just for a chit chat over a cup-a-tea, arrange day trips to garden centers etc.

## Youth and Families

### Trips

In the UK we have organised a number of successful outdoor trips for the local community where men, women young and old were able to go out and enjoy together with their families. We have been to many places including Blackpool Pleasure Beach, Alton Towers, Llandudno by hiring out large coaches.



### Women's Network

Create a platform for women where they can get together. Participate in activities that suits women, where they can express and share their experiences and help each other

### Sports



We have organised a number of sporting activities such as Football and Badminton tournament (for both male and female).

## **Social Welfare**

The provision of recreation facilities in the interest of social welfare with object of improving the conditions of life of the members of the Bangladeshi community in Manchester

### **Help and Advice**

Where possible we try to give as much detail and information as possible to people in need of for example housing, unemployment benefits, income support etc often referring them to organisations that are set up specifically for that.

We also try providing as much support possible for the new immigrants who have just come to the UK from Bangladesh as visitors, students or on permanent stay for example showing people what is available where to get help, how and where to find accommodation, health and safety issues.

### **Dinner parties**

A number of food events was held in 2006 one stood out from the rest which was the Fundraising Dinner held at the Marmara Restaurant in Rusholme Manchester. It was a successful event and we managed to raise about 2000 pounds although we were promised much more but donors did not pay or have no intention of fulfilling their promise

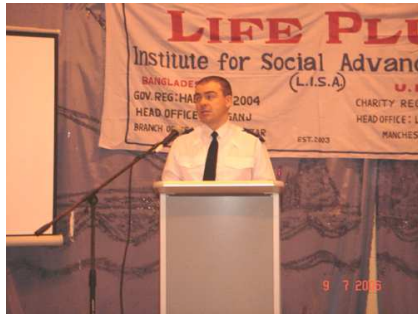
### **The Night**



## Communities Bridging Day

A community based awareness program was held at the GMBA promoting diversity and harmony between the various communities in Manchester. Guest Speakers included: GMMP Chief Superintended David Thomson, Assistant Lord Mayor of Manchester, MP Tony Lloyd, MP John Leech and other community leaders, all stressing community unity, harmony and coexistence between all groups.

This was followed by a children Bengali folk drama and dinner.



Chief Sup. David Thompson GMP



Mr. John Leech MP



Mr. Tony Lloyd MP



Tony and David with Life Plus Trustees



Public



Raffle winner with Asst Lord Mayor of GM



Dignitaries



Children's Traditional Drama

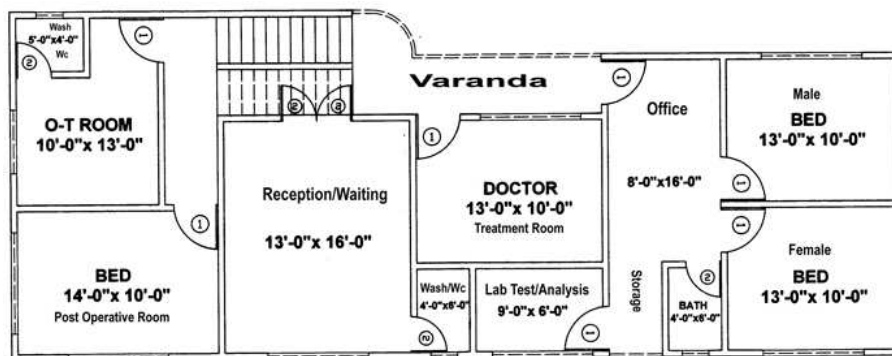
## Health

The relief of poverty sickness and distress in Bangladesh by the provision of such things, but not exclusively, as clean drinking water and sanitation and health care.

### **Bangladesh - Health Clinic**

Our biggest project to date is the Life Plus Health Clinic in rural Bangladesh

#### **Building Plan**



#### **Type of Health Clinic**

Initially it will be a general practitioners (GP) clinic with a Maternity Unit (MU), idea is to have them both built and set up at the same time within the same compound.

**Location** North East Bangladesh in the District of Habigonj, area known as Kagaura in the boarder of Thana Nabogonj and Bahubol ideal place accessible by all people. The land has been raised high enough to be free from natural floods.

This center is expected to service about 20,000 people from about 10 villages

**Cost.** It is anticipate this will cost around £50,000 about £25,000 for building and construction and a further £25,000 for medical equipments, we also expect to get some equipment donated from big medical centers.

Expected date of completion of the building is February 2008.

## Life Plus Health Clinic Taking Shape



low land rising



foundation laying by a volunteer



building taking shape



physical outline of the clinic



earth digging - manually



land before...

### **For the future**

- Transport, we want to have our own Mini bus so that we can arrange trips as and when it is convenient for the community without having to hire a coach every-time which is also very expensive.
- Own community center

### **Social and Cultural Events**

- We want to arrange large social and cultural events and gatherings for the Bangladeshi community for example by inviting professional guests from Bangladesh for dramas, stage shows and variety shows etc.
- Education: Set up Out of Hours Homework Club and English for Speakers of Other languages
- Arrange a cultural trip to Bangladesh for those British Youths who are interested to experience and share different cultures and belief.
- Promote and encourage home grown talents (British Bengalis) particularly the younger generation into Film, Radio and Television.
- Proactively provide guidance and encouragement into higher education and how to do well once in the job industry for example by holding workshops on issues that affects ethnic minorities in education and the industry
- Public Relation, create a positive image of the British Bangladeshi communities in UK and Asians in general, highlight the contribution made by these groups to society and the UKs economy.
- Start a School project and an Orphanage center in Bangladesh

## FINANCIAL STATEMENT

### Audit Information

Accounts presented by Mr Mubin Uddin (treasurer) to the trustees AGM held on 10.11.07 and audited by the trustee committee: Ms Sheikh Siritaj Hussain (Secretary) Mr Mubin Uddin (Treasurer) Mr Shafihur Rahman (Chair) and Mr Afzal Suman. Signed by the treasurer and chairman and adopted on 10<sup>th</sup> November 2007 (Pages 10 – 14 of this report).

### Life Plus Report of Accounts

**1<sup>st</sup> April 2006 to 1<sup>st</sup> April 2007**

#### **INCOME from 1<sup>st</sup> April 2006 to 1<sup>st</sup> April 2007**

Total: twenty thousand six hundred fifteen pounds and 79p (£20615.79)

Break down:

- |  |                |
|--|----------------|
| • <b>Surplus</b> From Year 2005-2006<br>(Awards for All £5k) | <b>£5856.9</b> |
| • Regular Members Contribution                               | £734.87        |
| • Charity Dinner at Marmara                                  | £1545.00       |
| • Bangla TV Appeal Winter 06                                 | £12479.00      |

#### **TOTAL**

Total Income for year 06-07	£14758.87
<b>Total Income</b> with Surplus (£5856.92)	<b>£20615.77</b>

**Note:** S. Rahman's Loan to LP for Bangla TV Appeal fee £5000.00 is not part of the income.

**EXPENDITURE from 1<sup>st</sup> April 2006 to 1<sup>st</sup> April 2007**

TOTAL: twenty thousand two hundred twenty nine pounds and 86p (£20229.86)

Break down:

• Awards for All (office equipments see Appendix 2,2b) £350 spent previous year)	£4664.86
• TV Promotion (DM Digital air time)	£1500.00
• BanglaTV Appeal Air time fee	£5000.00
• BanglaTV Appeal advert on Newspapers	£500.00
• BanglaTV Appeal miscellaneous cost (travel/food)	£200.00
• BanglaTV Appeal Guest (M Eklasur Rahman)	£150.00
• GMBA Cultural festival (hall and artist cost)	£200.00
• Birmingham BBCT Mela – Stall	£150.00
• Longsight Football Tournament sponsorship of youths group	£35.00
• Posters/leaflets/flyers and other promo materials	£710.00
• Orphan ear operation in Bangladesh	£120.00
• Bangladesh Health Clinic (Construction See Appendix 2)	£7000.00

**Total** **£20229.86**

**BALANCE**

Total income - Total expenditure/outgoings

**£20615.77 - £20229.86 = £385.93**

**Grand Balance = £385.93**

**Note:** Loan repayment to S Rahman for Bangla TV Appeal fee £5000.00 is not part of the expenditure.

## Appendix 1

### Breakdown of projects in Bangladesh 2007

(This excludes any expenses for example air tickets £550, accommodation, travel and living for 4 weeks around £1000.00 this was donated by Shafihur Rahman for the charity)

Project	Action/Activities	Amount/Taka	Equivalent in £
Health Clinic	Construction: Bricks, Sand, Rod Cement, Bamboo, wood, Earth....	810,000	6,000
Water Well	Deep Tube wells * 4	25,000	185
Housing	Housing Tins for 12 houses	25,000	185
Orphan/Student Sponsorship	Full cost for the whole year * 16 students and Orphans	25,000	185
Marriage Help	Financial help for poor women get married	25,000	185
Enterprise	Help to set up small businesses	35,100	260
<b>Total</b>		<b>945,100</b>	<b>7,000</b>

Exchange rate at that time was about £1 to 135 BDT

## Appendix 2

Life Plus  
End of Award Report  
Ref: A4E/3/010168922

Date compiled: 06/12/2006

### Breakdown

Items	£ Cost
JVC HH Video Camera	808.89
Case	24.49
Digital Camera + Service Plan	350.00
Digital Camera, Mobile Hard drive, Memory Card, USB Ports	198.91
Dell Laptop (PC)	844.83
DVD Recorder	129.99
Blank DVDs	14.98
HP Digital Projector	549.87
Nobo Projector Screen	105.74
Laminating Machine	119.99
Laminating Peripherals	120.89
HP Laser Printer	394.00
Epson Color Printer	233.82
Office Stationeries	146.20
Leaflets and Broachers	493.50
Total	4536.10

## Appendix 2a

Dear Jacqueline

Please find attached the receipts spent for the balance of £463.90, you have already seen the report for the £4536.10 copy also attached. I hope this is satisfactory and if not please let me know.

Breakdown

Items	£ Cost
Dams Maestro 4 drawer filing cabinet	234.99
15 drawer multi cabinet	79.99
diaries and writing pads and other miscellaneous peripherals	76.81
Inked Stamp	14.99
Office Chair	51.99
Mobile Phone for office use	19.99
Total	478.76

**End of Report**